

# The Underwood Times

IT'S ALL GOOD ON THE WOOD

## SPECIAL MENTION:

By CDR Peter T. Mirisola  
Commanding Officer USS UNDERWOOD  
(FFG 36)

Greetings, FIGHTING DEVIL Families! I would like to first start by thanking the crew for the wonderful Change of Command ceremony conducted on April 30, 2011. Everyone my wife, Suzanne, and I met that day were extremely gracious and welcomed us with open arms. I hope you enjoy this newsletter, as it gives us an opportunity to pass on information to you, the families, about what is happening on board UNDERWOOD.

I had the wonderful opportunity to meet some of you after the Change of Command ceremony, and for those of you that I have not met, I would like to introduce my family and I. My wonderful wife Suzanne and I have been married for 11 years and are blessed with three very special children, Serena (8), Nicholas (6) and Lucas (2). Suzanne will tell you more about our family later in this newsletter.

UNDERWOOD will be the 6<sup>th</sup> ship I

have served on since my commissioning in 1995. My last sea tour was Executive Officer, USS HAWES (FFG 53) in Norfolk, VA. Previous tours include Headquarters, U.S. Second Fleet in Norfolk, VA; Naval War College Newport, RI; Destroyer Squadron Fifty in Manama, Bahrain; USS McCAMPBELL (DDG 85) in San Diego, CA; Joint Staff and Navy Staff assignments

As we continue to move along with our maintenance period and training cycle, I am looking forward to the chances I will have to sit, talk and get to know each of you. Family Readiness = Combat Readiness and without the support of our spouses, children, parents, siblings and other special people in our lives, we, the crew of UNDERWOOD, could not meet the very important missions our great Nation calls upon us to do. Ensuring support to our families is one of my top command priorities. The crew of UNDERWOOD will operate the Navy's finest warship on the sea, but without that loving family support from home, our crew could not do the job we do.



USS Underwood FFG 36

in Washington, DC; USS VALLEY FORGE (CG 50) in San Diego, CA; USS SCOTT (DDG 995) and USS OLIVER HAZARD PERRY (FFG 7) both here in Mayport.

Again, I am thrilled to be the Commanding Officer of such a fine ship with an incredible crew and such wonderful family support.

"JUST FRIEND AND BRAVE ENEMY"

CDR Peter T. Mirisola

## THIS MONTH IN NAVAL HISTORY:

- June 1, 1914 - [General Order 99](#) prohibits alcohol on board naval vessels, or at navy yards or stations
- June 4, 1942 - [Battle of Midway](#) (4-6 June) begins; during battle, the 4 Japanese carriers which attacked Pearl Harbor are sunk; this decisive U.S. victory is a turning point in the Pacific war
- June 14, 1777 - Continental Congress adopts design of present U.S. Flag
- June 28, 1794 - Joshua Humphreys appointed master builder to build Navy ships at an annual salary of \$2,000.
- June 30, 1815 - USS *Peacock* takes HMS *Nautilus*, last action of the War of 1812

## OMBUDSMAN'S CORNER

My name is Elysia Head and I am your new command Ombudsman. I am always available to assist you in your needs and help you help yourself! I would like to take a moment to remind everyone of what my role is as your Ombudsman.

The Ombudsman is a volunteer, appointed by the commanding officer, to serve as an information link between command leadership and Navy families. Ombudsmen are trained to disseminate information both up and down the chain of command, including official Department of the Navy and command

information, command climate issues, local quality of life (QOL) improvement opportunities, and "good deals" around the community.

We provide resource referrals when needed. We are instrumental in resolving family issues before the issues require extensive command attention. The command ombudsman program is shaped largely by the commanding officer's perceived needs of his/her command. The command ombudsman is appointed by and works under the guidance of the commanding officer who determines the pri-

orities of the program, the roles and relationships of those involved in it, and the type and level of support it will receive.

Please don't hesitate to e-mail or call me, I will respond to you within 24 hours of your contacting me. If you call and I don't answer, please leave me a detailed message and I will get back to you. If it is an emergency that does not require 911, I will respond immediately.

Home: 904-647-8103

Cell: 904-855-1050

E-mail:

ffg36omb@gmail.com

## X O ' S C O R N E R

Underwood Family and Friends,

I just wanted to say what an honor it is to sail with your loved ones. I am very proud of the work we have accomplished and very excited about the future. As your loved one's have may have told you, my job is pretty simple I try and make the Captain's vision a

reality. Together we all work towards the goals he has set for us. It is quiet a good feeling to be a part of a winning team and meeting and hopefully exceeding the Captain's goals for us. Of course I would be remiss if I didn't mention the fact that we look good doing it too. Your loved ones give our ship a lot of TLC and it sparkles with Pride. So please let me

know if you are having issue around the house keeping it clean. I can recommend you institute Happy Hour!

Get Some!

XO

## FIGHTING DEVIL SPOTLIGHT

**Congratulation to the following sailors and their families!**

**SENIOR CHIEF PETTY OFFICERS**

Senior Chief Petty Officer Joel Fletcher (ENCS)  
Senior Chief Petty Officer Mark Cramer (ETCS)

**SECOND CLASS PETTY OFFICER**

CTT2 ANDERSON, STEVEN  
ET2 BLOCKER, JAMES  
DC2 BRZECZKA, PAUL  
CTT2 CHAPUT, JOSHUA  
EN2 HELMS, DRAY  
CS2 SHUFORD, JAMALL  
GSM2 SIMPKINS, DERRICK  
ET2 WILLMAN, JACOB

**THIRD CLASS PETTY OFFICER**

DC3 BROWN, NICHOLAS

OS3 DAWKINS, STANLEY  
OS3 GRIFFIN, DESMOND  
GSE3 KASEL, ANDREW  
IT3 KEITH, DAVID  
EN3 MORRIS, SCOTTIE

**OFFICER ADVANCEMENT**

LTJG Smith  
LTJG Gravely  
LTJG Newsham  
LTJG Fell

**OFFICER QUALIFICATIONS**

LT Godette (SUPPO) Surface Supply Corps Warfare Designation

The Executive Officer LCDR Brasseur was selected for advancement to CDR.



## C M C ' S C O R N E R

By CMDM(SW) Michael P. Bates  
Command Master Chief  
USS UNDERWOOD (FFG 36)

Dear UNDERWOOD Family, I hope this newsletter finds you and your family well. I am the new Command Master Chief and I am looking forward to a rewarding tour here on the mighty UNDERWOOD. My wife (Scarlet), sons (Isaac & Caleb), and I are looking forward to meeting you at the upcoming family picnic June 17<sup>th</sup>.

Scarlet and I have been married for 9 years and have lived in the Mayport/Jacksonville area for over 10

years now. Scarlet is a former OMBUDSMAN and is looking forward to working with the Family Readiness Group and being an active member of the Command Support Team.

UNDERWOOD is my 5<sup>th</sup> command here in Mayport. My previous commands were Afloat Training Group, Mayport; USS THE SULLIVANS (DDG 68), Shore Intermediate Maintenance Activity (SIMA); and USS SPRUANCE (DD 963). Fortunately my tours here have enabled me to establish a great network here in Jacksonville and I will utilize that network

to help provide our sailors and families with as much support that is available in the area.

Like CDR Mirisola said earlier, family readiness is one of the commands top priorities. We are making a strong initiative to re-establish our Family Readiness Group and I highly encourage every family member to get involved. Your support will help ensure we are able to meet the command and the Navy's mission.

"HOO-YAH"

CMDM(SW) Michael P. Bates



## FLEET AND FAMILY SUPPORT CENTER

<u>DEPOLOYMENT</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
CO/XO SPOUSE CRISIS MANAGEMENT WORKSHOP	3	0900 - 1200	BLDG 1, RM 1616
INDIVIDUAL AUGUMENTEE (IA) DISCUSSION GROUP	13	1800 - 1900	USO
RESOURCE TRAINING FOR COMMAND LEADERSHIP SPOUSES	16	0830 - 1230	BLDG 1, RM 104
OMBUDSMAN ASSEMBLY	27	1800 - 2000	BLDG 1, RM 104
<u>EMPLOYMENT</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
RESUME REVIEW	BY APPT	0800 - 1600	FFSC, TBD
CAREER AND JOB READINESS CLASS	20	0830 - 1200	FFSC, RM 702
FEDERAL EMPLOYMENT CLASS	20	1300 - 1500	FFSC, RM 702
<u>FINANCIAL</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
COMMON MILITARY PAY ISSUES	9	1300 - 1430	FFSC, RM 719
MILLION DOLLAR SAILORS	21-22	0900 - 1600	FFSC, RM 719
<u>LIFE SKILLS</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
STRESS MANAGEMENT	1	0800 - 1130	WELLNESS CENTER
MANAGING ANGER GROUP	1,8,15,22,29	1500 - 1630	FFSC, RM 702
CONFLICT RESOLUTION FOR WOMEN	2,9,16,23,30	1330 - 1500	FFSC, RM 702
ANGER MANAGEMENT	14	0830 - 1200	BLDG 1, RM 1615
<u>NEW PARENT SUPPORT</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
TOTTLY TYME PLAYGROUP	2,9,16,23,30	0900 - 1200	USO
NEW DAD'S CLASS	6	1300 - 1600	USO
<u>PARENTING</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
ACTIVE PARENTING NOW - PARENTING CLASS	7,14	0900 - 1100	FFSC, RM 702
<u>RELOCATION</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
MILITARY SPOUSE 101	6	0830 - 1430	FFSC, RM 719
SPONSOR TRAINING	8	0900 - 1130	FFSC, RM 719
<u>SEXUAL ASSAULT PREVENTION PROGRAM (SAPR) VA TRAINING</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
SAPR VICTIM ADVOCATE (VA) TRAINING	13-17	0730 - 1700	NAS JAX CHAPEL
<u>TRANSITION ASSISTANCE</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
TAP RETIREE WORKSHIP	13-16	0800 - 1600	BLDG 1, RM 1616
TAP SEPARATEE WORKSHOP	27-30	0800 - 1600	BLDG 1, RM 1616

Additional classes or workshops are available, upon request. Pre-registration is required: for more info or to register contact

Fleet and Family Support Center  
 Building 1 Massey Avenue  
 Naval Station Mayport  
 (904) 270-6600 ext 1700  
 (800) 626-5084 ext.1700 (Toll Free)

**FAP** = Family Advocacy Program

**FERP** = Family Employment Readiness Program

**SAPR** = Sexual Assault Prevention Program

**USO** = United Services Organization

## M W R E V E N T S

**June 1: Fried Chicken Wednesdays.** Every Wednesday, 11 a.m.-2 p.m., at Foc'sle Lounge. Enjoy a two-piece fried chicken plate with two sides for only \$8.00. 270-5431

**June 2: Windy Harbor Wargames.** Every Thursday at 4:30 p.m. at Windy Harbor Golf Club. Play with the pros and enjoy 9 holes in different formats, prizes, food and more. 270-5380

**June 3: Outdoor Movies- *Tangled (G)*.** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**June 4: Showtime Video Rock & Bowl.** 10 p.m. to Midnight every Saturday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

**June 5: Bowling Family Fun Night.** 4-7 p.m. at Mayport Bowling Center. Cost is \$10 per person and includes spaghetti dinner, All-You-Can Bowl with shoes, music videos, light show and colored headpin bowling for prizes. 270-5377

**June 6: Women's Softball Begins.** Season ends Aug. 4. 270-5452

**June 7: All Khaki Wings and Trivia Night.** 3-7 p.m. every Tuesday at Foc'sle CPO Club with 40-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431

**June 8: Discount Colormania Wednesdays.** 4:30 p.m. every Wednesday at Mayport Bowling Center. No commitments or league rules, just fun and a chance to meet people. Request your favorite music all night long. Only \$5 for three games and shoe rental. 270-5733

**June 8: All Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by USS Independence. For tickets, call Jeff Lawrence at (904) 705-1192 or Jack Johnson at (619) 571-5099.

**June 8: CPO Club Advisory Board Elections.** 2-8 pm. 270-5431

**June 10: Showtime Video Rock & Bowl.** 10 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

**June 10: Bread & Butter Band.** 9 p.m. Live at Castaways. FREE. 270-7205

**June 10: Outdoor Movies- *Harry Potter & the Deathly Hallows (PG-13)*.** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**June 11: UFC 131: Lesner vs. Dos Santos.** 9 p.m. at Castaways. FREE

**June 11-12: Single and Doubles Tennis Tournament.** Sign up deadline June 1. 270-5451

**June 11-12: Windy Harbor Base Championship.** 8:30 shotgun at Windy Harbor Golf Club.

Registration Fee is \$45; includes breakfast buffet on Saturday and awards banquet following championship round. Cost does not include cart or greens fees. Sign up deadline is June 6; sign up at Pro shop. 270-5380.

**June 13: Summer Swim Lesson Session I Begins.** Registration in June 10-11 at the pool from 8-10 a.m. Cost is \$40 per child/adult; \$35 if child is enrolled in Youth Summer Camp. 270-5101.

**June 14: Run with the Tide 5K Run/ 3K Walk.** 8 a.m. in front of the gym.

**June 14: Captain's Cup 4-on-4 Volleyball Organizational Meeting.** 11 a.m. at the gym. 270-5452

**June 15: Military Appreciation Day** every Wednesday at Windy Harbor Golf Club. 18 Holes and a Cart Only \$15. Offer open to DOD, active duty, retired, and military dependents (Must provide proper ID)

**June 17: Outdoor Movies- *Diary of a Wimpy Kid: Rodrick Rules (PG)*.** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**June 19: Father's Day Family Bowling Special.** Dads bowl for free all day, including family fun bowl. At least one child must accompany Dad; bowling must be completed by 8 pm. 270-5377

**June 22: All Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. 270-5431

**June 24: LIFT.** 9 p.m. Live at Castaways. FREE. 270-7205

**June 25: All-Hands Freedom Fest Seafood Boil.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by Mayport CPOA. For tickets, call Jeff Lawrence at (904) 705-1192 or ATC Shea Bickerstaff at (904) 270-7211.

**June 25: Freedom Fest 2011.** 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

**June 27: Captain's Cup 4-on-4 Volleyball Begins.** Season Ends Aug. 25.

**June 27: Summer Swim Lesson Session II Begins.** Registration in June 24-25 at the pool from 8-10 a.m. Cost is \$40 per child/adult; \$35 if child is enrolled in Youth Summer Camp. 270-5101.

#### Liberty Call

*The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.*

**June 1: St. John's Town Center Trip.** Van departs 11 a.m. Transportation only. FREE

**June 3: Starlight Movie.** 8 p.m. at the Liberty

Center.

**June 4: Wet n' Wild Water Park Trip.** Departs from Liberty Center 8 a.m. Cost is \$15.

**June 6: Sahara's Mediterranean Cafe Dinner Trip.** Van departs Liberty Center at 5 p.m. Transportation only.

**June 9: Liberty Committee Meeting.** 3:30-4 p.m. at Liberty Center. Come help decide what happens with your Liberty Program.

**June 9: Discount Colormania Wednesdays.** 4:30 p.m. every Wednesday at Mayport Bowling Center. No commitments or league rules, just fun and a chance to meet people. Request your favorite music all night long. Only \$5 for three games and shoe rental. 270-5733.

**June 10: Movie Trip.** Van Departs Liberty Center 6 p.m. Cost \$5. Transportation Only.

**June 14: Chess Tournament.** 6 pm at Liberty Center.

**June 15: St. John's Town Center Trip.** Van departs 11 a.m. Transportation only. FREE

**June 16: Jacksonville Suns Baseball.** Van departs Liberty Center at 6 p.m. FREE

**June 17: Starlight Movie.** 8 p.m. at the Liberty Center.

**June 18-19: Metro Anime Con Weekend Trip.** Theme: Monsters and Hunters. Cost is \$65; includes ticket, hotel and transportation. Van departs June 18 at 8 a.m.

**June 20: Wild Wing Cafe Dinner Trip.** Van departs Liberty Center at 5 p.m. Transportation only.

**June 22: All Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. 270-5431

**June 22: Pool Tournament Finals.** 6 p.m. at the Liberty Center.

**June 24: Movie Trip.** Van Departs Liberty Center at 6 p.m. Cost \$5; Transportation Only.

**June 25: Pool Party and Fireworks.** 7:30-11:30 p.m. Hang Out at the Pool and watch the Base Fireworks.

**June 26: Daytona Beach Day Trip.** Van departs 8:30 a.m. Transportation only. FREE

**June 28: Last Space Shuttle Launch Trip.** Atlantis STS-135. Van Departs 8 a.m. FREE.

#### Kid Zone

**June 18: Family Pool Party.** 6:30-8:30 pm at the Base Pool. Cost is \$2 per person. Child must be accompanied by a parent and/or adult. 270-5680.

**June 22: Teen Adventure Landing Water Park Field Trip.** 9 a.m.-3:30 p.m. Cost is \$18; includes admission and lunch (hot dog, chips and drink. Permission slip required. 246-0347



## COMMAND SPOUSE'S CORNER

Dear Underwood Family,  
Hi everyone! I hope this note finds you all well. June is upon us, and I don't know about you, but I am excited for the summer to be here! I am also excited to have become a member of the Underwood Family.

My husband and I have three beautiful and energetic children: Serena, age 8, Nicholas age 6 and Lucas age 2. The children and I will be moving down to Mayport in July or August. During my husband's Naval career, we have

lived in Mayport (twice), Newport, RI (twice), San Diego, CA (twice), Alexandria, VA, Chesapeake, VA and, while my husband was on an unaccompanied tour in Bahrain, the kids and I lived on Cape Cod, MA. With our many moves, we have lived in some wonderful places and made lifelong friends. It seems we cannot move anywhere now without knowing someone there! We are really looking forward to the Family Picnic where we can meet all of you. After

talking with our Ombudsman, Elysia Head, and CMC's wife, Scarlet Bates, we are ready and excited to rejuvenate the FRG! We will also be looking for spouses who would be interested in becoming part of the FRG board. I hope to see you all at the Family Picnic!

Sincerely,  
Suzanne G. Mirisola



## HEALTH PROMOTION BY THE OCEAN

Health Promotion recognizes June as Men's Health month. According to the Center for Disease Control, the top 7 causes of death in men are heart disease, cancer, accidents, chronic lower respiratory diseases, strokes, diabetes and suicide.

Here are some tips for men to maintain a long healthy life:

1. Don't smoke.
2. Maintain a healthy weight.
3. Eat a healthy diet to include many different types of fruits and vegetables.

4. If you have a medical problem, see your doctor regularly and follow his/her advice.
  5. Include physical activity in your daily routine.
  6. Limit Alcohol.
  7. Manage Stress.
  8. Protect yourself from the sun.
  9. Consult your doctor for regular cancer screenings.
  10. Wear your seatbelt, follow the speed limit, and don't drive under the influence of alcohol or other substances.
- And, don't drive

while you are sleepy.

11. Minimize exposure to chemicals and outdoor air pollution.
12. Prevent respiratory infections. Wash your hands often and get a yearly flu vaccine.

Make your health priority number one. Health Promotion offers classes on tobacco cessation, blood pressure and cholesterol management and weight reduction. Call 270-5251 for more

## MWR 10K FUN RUN

On May 10th, 2011 many of our sailors participated in a base sponsored 10K Salute To The Military Fun Run. A 48-Hour Liberty Chit was offered to all sailors who participated and completed this activity by CDR Mirisola.

Every month, MWR hosts

either a 5K/10K or a 5K Run/3K Walk. This takes place on the second Tuesday of every month. We hope to see continued participation from the sailors.

ENS Quirk, CS1 Jachowicz, GSM2 Garlobo, SN Wilkinson, ENS Hanson, CS3 Woodruff, OS1 Gancerez, HTFN Randle, ET2 Dungan, IC3 Stirling, ET3 McCarthy, CMDM Bates (CMC), LCDR Brasseur (XO), CDR Mirisola (CO)



## RECIPE OF THE MONTH



## Summer Fruit Salad

Try this light, updated version of the classic Waldorf salad.

Ingredients

- 2 med. Granny Smith Apples (cored & sliced.)
- 1 Lime
- 1 can (11 oz) Mandarin Orange

- Segments (drained)
- 1 C Halved Seedless Red Grapes
- 1 1/2 C Miniature Marshmallows
- 8 oz Lowfat Vanilla Yogurt
- 2 Tbsp Nuts (Chopped)

Approximately 80 calories and 1g of fat per serving.

Preparation

Do not peel apples. Core and slice apples. Cut apples slices into sixths. Zest lime using a lemon zester. Combine apples, lime zest, mandarin oranges and grapes in a bowl. Add marshmallows and yogurt, mix gently using a scraper/spatula. Chop nuts and sprinkle over salad.

Refrigerate until ready to serve.

Yield: 12 servings



## CRAFT OF THE MONTH

A shirt and tie are a traditional gift for Dad - a card to match is something new. Use legal-size (8 1/2-by-14-inch) decorative paper.

1. Place paper facedown. Fold in half vertically; unfold. Line up left edge with centerline fold, and crease; repeat with right edge. Unfold, and lay flat.

2. Fold top-left corner in to line up with outermost crease, forming a triangle; repeat on top-

right corner. Using index fingers and thumbs, pinch together outside points of each triangle so they meet, and crease.

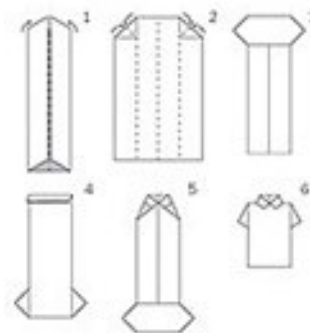
3. While still pinching triangles, fold down top edge (this will make sleeves).

4. Turn paper upside down, and flip it over. Fold down top edge 3/4 inch.

5. Flip paper over. Fold top left and right cor-

ners so tips meet at centerline.

6. Tuck bottom edge under collar, and flatten by creasing. For the tie, cut out an 8-by-1/2-inch strip of decorative paper. Knot paper. Snip close to knot on one side; trim other to a point. Glue to shirt.





Captain Gordon Waite Underwood was born in New York on 3 June 1910, and at an early age moved with his family to Portland, Oregon from where he was appointed to the US Naval Academy in the class of 1932. At the Naval Academy he proved to be an outstanding student and superb athlete. He earned letters and starred in football and track. He was awarded the coveted "Academy Sword" for athletic excellence.

Following his graduation from the Naval Academy, Captain Underwood served on USS OKLAHOMA. Training at the US Submarine School in New London, Connecticut followed this tour. After his graduation he served in the Submarine School S-21, on USS MISSISSIPPI, and USS VEGA. In 1941, he attended Massachusetts Institute of Technology where he earned a Masters Degree in Marine Engineering. Upon his return to sea duty he was assigned to the Staff of Commander Submarine Squadron TEN as Squadron Engineer supporting submarines on war patrol.

In January 1944, he was assigned as Commanding Officer of USS SPADEFISH (SS-411). On this ship during three war patrols he was credited with destruction of seventy-six thousand tons of enemy shipping including one aircraft carrier, the HIJMS SHINYO. For each of his war patrols he was awarded a Navy Cross and in recognition of the great successes of the first two patrols SPADEFISH was awarded the Presidential Unit Citation. His record of success in his war patrols remains one of the most notable in the history of the US Navy Submarine Service.

Captain Underwood, following his retirement from the Navy in 1962 after 30 years service with distinction, became associated with Spelin Inc., Mountain View California, in which he was Vice President. He was also Vice President of Filter-Aire of Hollister, California until his retirement. He died January 15, 1978 at the age of 67.

## Just Friend and Brave Enemy

### FRG CORNER

Underwood Families, as we embark on our first newsletter of the year, we would like to bring attention to our FRG. The CO, CMC and their spouses are very dedicated to this being the best ship in the fleet.

We would like to have all spouses interested in serving on the FRG board please come and sign up during the Family Day Picnic on Friday, June 17th. Once we have a list of interested spouses we will be better able to begin to re-form our FRG and make them as great as our command! If you would like more information about the FRG and the positions we are looking to

fill, please e-mail the Ombudsman, Elysia Head at: ffg36omb@gmail.com

#### FRG TRAINING

June 16 & 17

0800 - 1500

Contact FFSC for more Info

